

# Southern Hills Triathlon

## Sprint Triathlon

### Age Group Results

September 04, 2021

---

*Results By Black Hills Timing Company*

---

Men: [13-19](#) [20-29](#) [30-39](#) [40-49](#) [50-59](#) [60-69](#)

Women: [13-19](#) [20-29](#) [30-39](#) [40-49](#) [50-59](#) [60-69](#)

[Top](#)

#### Female 13 to 19

T2		Overall				Chip		Swim		T1		Bike	
Place	Place	Name		Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Pace	
Time	Rnk	Time	Pace	Time	Time								
1	4	Torin Lackmann		75	18	4	9:20.1	137:21	0:31.6	1	34:45.6	2:54	
0:30.4	2	21:09.0	6:49	1:06:16.9	1:06:16.9								
2	5	Paloma Suarez		108	17	2	9:05.8	136:24	0:30.0	2	34:50.0	2:54	
0:33.7	3	21:49.6	7:02	1:06:49.3	1:06:49.3								
3	11	Megan Buchanan		40	19	1	8:12.9	132:52	0:38.5	3	36:02.7	3:00	
0:26.7	9	24:00.7	7:45	1:09:21.7	1:09:21.7								
4	12	Emma Polenske		97	19	3	9:18.9	137:16	0:33.8	7	37:06.5	3:06	
0:26.0	4	21:57.7	7:05	1:09:23.1	1:09:23.1								

5	18	Abigail Croasdell	45	19	5	9:44.338:58	0:22.7	6	36:56.9	3:05
0:24.8	8	23:07.3 7:28	1:10:36.3	1:10:36.3						
6	19	Sydney Gasper	61	18	7	10:03.840:16	0:34.4	9	38:26.1	3:12
0:53.3	1	20:39.2 6:40	1:10:36.9	1:10:36.9						
7	20	Natalie Moose	84	18	6	9:56.539:46	0:49.6	5	36:53.1	3:04
0:33.3	7	23:00.7 7:25	1:11:13.5	1:11:13.5						
8	24	Madelynn Potter	98	19	10	11:18.545:14	0:33.7	10	38:39.5	3:13
0:29.2	5	22:02.7 7:07	1:13:03.8	1:13:03.8						
9	26	Cassidy Teeslink	110	18	9	11:05.944:24	0:28.5	4	36:47.6	3:04
0:38.2	10	24:23.1 7:52	1:13:23.6	1:13:23.6						
10	31	Maddy Watkins	116	19	11	11:47.647:11	0:49.7	11	39:22.7	3:17
0:39.3	6	22:25.9 7:14	1:15:05.4	1:15:05.4						
11	33	Tasmyn Ask	34	18	8	10:43.742:55	0:35.5	8	37:42.9	3:09
0:43.4	11	26:08.2 8:26	1:15:53.8	1:15:53.8						
12	85	Katie Nehring	182	15	12	17:04.668:18	3:25.9	12	1:00:18.4	5:02
1:58.5	12	33:28.310:48	1:56:15.9	1:56:15.9						
13	88	Isabella Nehring	86	15	13	17:19.469:18	3:08.1	13	1:00:59.4	5:05
2:34.6	13	34:02.810:59	1:58:04.5	1:58:04.5						
14	103	Halle Woodland	177	18	14	30:47.6**:11	9:06.1	14	1:10:52.9	5:54
6:34.6	14	41:41.813:27	2:39:03.3	2:39:03.3						

[Top](#)

## Female 20 to 29

Overall		Run		Chip	Gun	Swim	T1	Bike			
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Pace
<u>Time</u>	<u>Rnk</u>	<u>Time</u> <u>Pace</u>	<u>Time</u>	<u>Time</u>							
1	2	Mathilde Bernard	38	21	6	9:20.137:21	0:26.3	3	35:05.6	2:55	
0:25.5	1	19:31.5 6:18	1:04:49.2	1:04:49.2							
2	3	Shannon Feran	56	20	1	8:55.335:42	0:37.8	4	35:17.1	2:56	
0:44.2	2	20:14.2 6:32	1:05:48.8	1:05:48.8							
3	6	Natalie Mitchell	83	20	3	8:58.135:53	0:25.5	1	34:31.2	2:53	
0:21.5	6	22:39.4 7:19	1:06:55.9	1:06:55.9							
4	8	Abigail White	119	20	2	8:55.735:43	0:32.9	5	35:26.1	2:57	
0:28.8	3	22:03.6 7:07	1:07:27.3	1:07:27.3							
5	13	Myna Buckley	41	20	7	9:41.338:45	0:23.8	2	34:43.7	2:54	
0:28.8	9	24:11.9 7:48	1:09:29.6	1:09:29.6							
6	15	Hannah Croasdell	46	21	4	9:11.836:47	0:32.4	6	36:15.3	3:01	
0:30.1	8	23:31.1 7:35	1:10:00.8	1:10:00.8							

7	22	Madisan Chavez	185	23	9	10:36.942:28	0:39.4	7	38:12.3	3:11
0:39.9	4	22:24.9 7:14	1:12:33.6	1:12:33.6						
8	25	Maggie Simmons	105	22	8	10:01.540:06	0:47.9	8	38:42.4	3:14
0:28.8	7	23:10.2 7:28	1:13:10.9	1:13:10.9						
9	29	Hannah Hirschi	63	20	11	10:53.943:36	0:31.7	10	39:23.2	3:17
0:43.4	5	22:34.1 7:17	1:14:06.5	1:14:06.5						
10	34	Madison Batkiewicz	36	21	5	9:15.937:04	0:46.7	11	39:47.0	3:19
0:33.4	10	25:30.6 8:14	1:15:53.8	1:15:53.8						
11	40	kennedy Teeslink	111	21	12	10:58.143:53	0:33.1	9	38:46.1	3:14
0:36.7	12	29:13.4 9:26	1:20:07.6	1:20:07.6						
12	41	Lindsey St. Laurent	106	21	13	10:58.543:54	0:38.6	12	41:58.6	3:30
0:37.3	13	29:39.1 9:34	1:23:52.3	1:23:52.3						
13	60	Anna Hays	62	27	14	11:39.946:40	2:20.3	13	45:22.1	3:47
1:54.5	14	32:03.910:21	1:33:20.9	1:33:20.9						
14	63	Megan Wilson	169	23	15	12:59.451:58	3:23.2	16	51:48.7	4:19
0:59.4	11	26:45.9 8:38	1:35:56.8	1:35:56.8						
15	70	Hannah Rothe	100	29	16	14:24.757:39	1:50.5	15	51:23.3	4:17
0:53.0	17	33:44.810:53	1:42:16.6	1:42:16.6						
16	72	Brooke Wier	121	27	17	15:56.763:47	1:58.9	14	50:48.8	4:14
1:31.9	16	32:34.410:30	1:42:50.9	1:42:50.9						
17	93	Alexa Klimes	71	26	10	10:41.842:48	3:24.0	17	1:20:02.4	6:40
1:01.3	15	32:13.010:24	2:07:22.7	2:07:22.7						

[Top](#)

## Female 30 to 39

Overall		Run		Chip	Gun	----- Swim -----	T1	----- Bike -----
T2	-----	-----	-----	-----	-----	-----	-----	-----
Place	Place	Name		Bib No	Age	Rnk	Time	Pace
Time	Rnk	Time	Pace	Time	Time		Time	Rnk
								Time
								Pace
1	16	Lindsey Jacobson		64	35	1	9:53.539:34	1:12.7
0:50.5	1	20:25.5 6:35	1:10:16.7	1:10:16.7				1
2	39	Michelle Krohn		73	36	2	13:57.455:50	2:36.3
1:13.3	2	22:29.3 7:15	1:18:57.8	1:18:57.8				2
3	42	Marian McLaughlin		80	36	4	16:03.864:15	2:17.7
1:28.0	3	24:04.8 7:46	1:24:44.6	1:24:44.6				3
4	66	Elizabeth Galloway		60	39	6	16:59.167:57	2:05.4
0:53.8	4	33:35.210:50	1:39:37.4	1:39:37.4				4
5	71	Nicole Free		59	30	8	17:52.171:29	2:58.6
1:00.7	5	33:46.310:54	1:42:17.6	1:42:17.6				5

6	81	Frances Chretien	42	39	3	15:02.960:12	2:45.6	8	56:44.9	4:44
0:51.6	6	34:21.211:05	1:49:46.4	1:49:46.4						
7	84	Amy Kastner	67	30	9	19:52.979:32	1:36.3	7	55:14.4	4:36
0:32.0	8	37:12.012:00	1:54:27.8	1:54:27.8						
8	87	Andrea Palmer	92	31	7	17:18.369:13	3:17.2	6	54:21.6	4:32
0:35.0	9	42:31.913:43	1:58:04.2	1:58:04.2						
9	96	Jennifer Soucy	170	38	5	16:31.466:06	4:48.2	9	1:04:27.9	5:22
0:31.0	10	49:26.615:57	2:15:45.3	2:15:45.3						
10	98	Katie Braun	39	34	10	27:55.3** :41	4:28.5	10	1:11:24.8	5:57
1:13.8	7	36:14.111:41	2:21:16.7	2:21:16.7						
DNF	DNF	Kori Downs	50	34						

[Top](#)

## Female 40 to 49

Overall		Run		Chip		Gun		Swim		T1		Bike	
T2	Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Pace	
Time	Rnk	Time	Pace	Time	Time								
1	23	Mandi Meredith-Dunlop	82	40	1	9:18.137:13	1:15.0	1	37:24.4	3:07			
0:45.1	1	24:19.9	7:51	1:13:02.7	1:13:02.7								
2	51	Heidi Schleiffarth	102	41	3	15:08.860:36	3:32.4	3	43:40.2	3:38			
1:30.6	2	25:15.2	8:09	1:29:07.4	1:29:07.4								
3	59	Treese DeBoer	48	48	2	14:14.556:58	2:17.9	4	43:53.9	3:39			
1:19.7	5	31:10.510:03	1:32:56.6	1:32:56.6									
4	61	Athena Meneses	192	44	4	15:25.661:43	3:02.1	2	42:43.9	3:34			
2:07.1	4	30:04.2	9:42	1:33:23.1	1:33:23.1								
5	64	Stacy Nehring	87	42	8	18:20.573:22	3:48.2	5	46:34.7	3:53			
0:48.9	3	27:47.2	8:58	1:37:19.7	1:37:19.7								
6	67	Jennifer Powell	99	43	6	17:01.368:05	1:33.3	7	49:23.7	4:07			
1:39.9	6	31:30.010:10	1:41:08.4	1:41:08.4									
7	73	Karen Schwartz	104	45	5	16:50.667:23	1:13.8	6	49:06.9	4:06			
1:45.3	8	34:49.411:14	1:43:46.2	1:43:46.2									
8	76	Angela Jarding	180	40	9	21:17.485:10	2:11.4	8	49:33.8	4:08			
0:50.1	7	32:18.310:25	1:46:11.1	1:46:11.1									
9	86	Amy Lane	76	46	7	17:29.669:59	2:52.2	9	51:32.4	4:18			
0:34.1	10	43:49.414:08	1:56:17.9	1:56:17.9									
10	100	Jillian Elliott	53	41	10	26:15.9** :04	6:33.3	10	1:08:23.5	5:42			
0:55.7	11	44:20.714:18	2:26:29.3	2:26:29.3									

11	102	Eliza Woodland		123	40	11	30:47.9**:	12	9:04.4	11	1:10:53.4	5:54
6:35.8	9	41:41.213:27		2:39:02.8		2:39:02.8						

[Top](#)

### Female 50 to 59

Overall		Run		Chip	Gun		Swim		T1	Bike		
Place	Place	Name		Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Pace
<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Time</u>							
1	48	Joleen Wilson		122	55	2	14:09.6	56:39	3:35.8	2	44:42.4	3:44
1:49.8	1	23:32.0	7:36	1:27:49.8	1:27:49.8							
2	52	Shannon White		120	55	1	14:04.8	56:19	2:36.7	1	41:05.8	3:25
1:18.7	2	31:02.2	10:01	1:30:08.4	1:30:08.4							
3	91	Laurine Pickering		96	55	3	17:18.7	69:15	3:35.5	3	59:29.9	4:57
2:00.3	3	39:37.9	12:47	2:02:02.5	2:02:02.5							

[Top](#)

### Female 60 to 69

Overall		Run		Chip	Gun		Swim		T1	Bike		
Place	Place	Name		Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Pace
<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Time</u>							
1	82	Sue Murray		85	69	1	18:03.3	72:13	2:19.1	1	47:42.3	3:59
2:11.4	1	39:51.5	12:51	1:50:07.8	1:50:07.8							
2	97	Barb Fetters		57	68	2	20:00.6	80:03	3:23.8	2	49:27.9	4:07
2:52.0	2	1:03:37.9	20:32	2:19:22.4	2:19:22.4							

[Top](#)

### Male 13 to 19

Overall		Run		Chip	Gun		Swim		T1	Bike		
Place	Place	Name		Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Pace
<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Time</u>							
1	36	Quinton Longanecker		189	15	1	14:00.3	56:01	2:04.2	1	37:33.7	3:08
2:09.0	1	22:06.0	7:08	1:17:53.3	1:17:53.3							

2	43	Conner McLaughlin	79	14	4	15:53.163:32	3:16.6	2	43:33.4	3:38
0:38.8	2	22:18.6 7:12	1:25:40.6	1:25:40.6						
3	49	Davis Terry	179	15	5	22:07.188:29	3:22.6	5	1:01:49.6	5:09
0:50.7		** :29	1:27:58.1	1:27:58.1						
4	75	Jack Konenkamp	72	13	2	15:30.362:01	2:38.2	3	51:25.8	4:17
0:35.0	4	35:40.211:30	1:45:49.7	1:45:49.7						
5	80	Josiah Dupont	172	16	3	15:34.962:20	2:52.8	4	58:17.0	4:51
0:30.9	3	30:50.2 9:57	1:48:05.9	1:48:05.9						

[Top](#)

## Male 20 to 29

Overall				----- Swim -----			T1		----- Bike -----		
T2	Place	Place	Run	Chip	Gun		Time	Rnk	Time	Pace	
	<u>Time</u>	<u>Rnk</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>	
	1	28	Tyler Jones	66	27	1	11:00.444:02		1:36.1	1	39:52.7 3:19
0:59.1	2	44	Brock Loftus	191	26	2	12:03.548:14		3:54.9	2	42:25.4 3:32
1:01.6	3	57	Drew Correll	43	22	3	19:53.979:36		2:11.2	3	49:06.6 4:06
1:19.4	1		19:34.5 6:19	1:32:05.8	1:32:05.8						

[Top](#)

## Male 30 to 39

Overall				----- Swim -----			T1		----- Bike -----		
T2	Place	Place	Run	Chip	Gun		Time	Rnk	Time	Pace	
	<u>Time</u>	<u>Rnk</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>	
	1	1	Kevin Bjerke	186	38	1	9:31.138:05		0:59.1	1	32:29.3 2:42
0:29.0	1	10	Tony Schwan	103	37	2	10:48.643:14		0:54.9	2	34:06.6 2:51
0:36.3	3	21	Jerry Kyte	74	39	3	11:58.447:54		1:05.3	3	36:10.8 3:01
0:28.2	2	30	Kyle McCutcheon	78	39	4	12:01.348:05		1:12.2	4	36:58.8 3:05
0:51.5	4		23:54.9 7:43	1:14:58.8	1:14:58.8						

5	46	Bruno Cortes	44	30	10	17:06.268:25	2:00.0	5	41:50.1	3:29
0:34.0	5	25:22.9 8:11	1:26:53.4	1:26:53.4						
6	47	Tony Even	55	34	5	13:21.353:26	2:51.9	6	43:46.8	3:39
0:33.2	8	26:24.6 8:31	1:26:58.1	1:26:58.1						
7	53	Isaac Aanenson	33	34	7	13:26.653:47	3:00.5	8	44:46.0	3:44
0:35.0	9	28:27.2 9:11	1:30:15.4	1:30:15.4						
8	54	Dustin Dvoracek	52	34	6	13:23.653:35	2:37.6	9	45:09.1	3:46
0:31.6	10	28:34.4 9:13	1:30:16.5	1:30:16.5						
9	55	Arthur Thomson	112	35	9	16:53.667:34	2:46.8	7	43:47.2	3:39
0:38.9	7	26:23.8 8:31	1:30:30.5	1:30:30.5						
10	58	Dustin Wagner	115	39	8	15:34.762:19	3:29.5	10	46:29.3	3:52
0:55.2	6	25:46.9 8:19	1:32:15.6	1:32:15.6						
11	99	Chris Pannill	93	35	11	21:10.984:44	2:38.8	11	1:11:02.9	5:55
1:10.6	11	48:22.415:36	2:24:25.8	2:24:25.8						

[Top](#)

## Male 40 to 49

T2	Overall				----- Swim -----			T1	----- Bike -----		
Place	Place	Name	Chip	Gun	Bib No	Age	Rnk	Time	Rnk	Time	Pace
Time	Rnk	Time	Time	Time				Time		Time	Pace
1	14	Seth Keene	68	47	2	11:23.345:33	1:20.5	1	34:35.3	2:53	
0:45.1	2	21:31.6 6:57	1:09:36.1	1:09:36.1							
2	17	Matt Weigel	117	42	1	11:18.645:15	1:21.2	2	36:14.9	3:01	
1:06.7	1	20:32.7 6:38	1:10:34.3	1:10:34.3							
3	32	Shannon DeBoer	49	49	3	11:42.446:50	1:37.1	3	37:26.8	3:07	
1:06.2	5	23:30.2 7:35	1:15:22.8	1:15:22.8							
4	35	Zach Lange	77	41	4	11:59.948:00	1:43.8	5	39:55.8	3:20	
0:26.0	3	23:19.8 7:32	1:17:25.6	1:17:25.6							
5	38	Joshua Paull	173	41	6	13:20.953:24	1:40.1	4	38:10.0	3:11	
1:55.0	4	23:20.5 7:32	1:18:26.7	1:18:26.7							
6	45	Matt Phillips	94	46	10	16:02.464:10	1:46.7	6	42:26.4	3:32	
1:35.1	7	24:50.8 8:01	1:26:41.6	1:26:41.6							
7	56	Jason Venn	114	42	7	14:35.358:22	2:22.4	13	48:06.6	4:01	
1:27.0	8	25:26.1 8:12	1:31:57.6	1:31:57.6							
8	62	Ryan King	70	41	8	15:26.561:46	2:59.7	7	42:42.5	3:34	
2:10.4	10	30:04.3 9:42	1:33:23.6	1:33:23.6							
9	65	Dan Elliott	54	49	12	17:49.471:18	4:50.7	10	45:57.5	3:50	
2:27.2	9	27:03.9 8:44	1:38:08.8	1:38:08.8							

10	68	Ryan Ryder	101	47	5	13:20.153:21	3:17.6	12	47:58.1	4:00
1:02.3	11	35:44.711:32	1:41:22.9	1:41:22.9						
11	74	Joshua Nehring	88	43	16	30:57.4**:	3:57.4	8	43:05.6	3:35
2:24.3	6	24:17.4 7:50	1:44:42.2	1:44:42.2						
12	78	Brad Barclay	35	45	13	18:00.472:02	2:24.4	11	47:33.6	3:58
1:09.6	12	38:31.912:26	1:47:40.2	1:47:40.2						
13	83	Geody VanDewater	113	46	14	19:26.177:45	3:41.6	9	44:43.7	3:44
1:51.3	14	41:55.213:31	1:51:37.9	1:51:37.9						
14	89	Mark Terry	178	42	15	22:40.490:42	3:13.4	14	50:53.9	4:14
1:11.0	13	40:29.213:04	1:58:28.0	1:58:28.0						
15	92	David Fitzpatrick	58	43	11	17:44.370:57	4:39.1	15	53:32.6	4:28
1:55.9	16	44:54.314:29	2:02:46.4	2:02:46.4						
16	101	David Teachout	109	42	9	15:29.861:59	7:11.6	16	1:19:38.3	6:38
2:27.7	15	44:01.614:12	2:28:49.1	2:28:49.1						

[Top](#)

## Male 50 to 59

T2	Overall				----- Swim -----			T1	----- Bike -----	
Place	Place	Name	Chip	Gun	Time	Pace	Time	Rnk	Time	Pace
Time	Rnk	Time	Bib No	Age	Rnk					
		Pace	Time	Time						
1	7	Lance Bergeson	37	53	2	10:57.343:49	0:40.1	1	34:31.4	2:53
0:41.5	1	20:06.5 6:29	1:06:56.9	1:06:56.9						
2	9	Troy Phillips	95	50	1	10:05.340:21	1:04.8	2	34:50.1	2:54
0:33.7	2	21:13.8 6:51	1:07:47.9	1:07:47.9						
3	27	Tj Loftus	190	51	4	12:08.348:33	0:50.9	3	35:39.3	2:58
1:14.6	3	23:58.6 7:44	1:13:51.8	1:13:51.8						
4	37	John Hill	195	56	3	11:54.847:39	1:01.7	4	36:02.6	3:00
1:12.1	4	27:59.9 9:02	1:18:11.2	1:18:11.2						
5	50	Matt Stephens	107	53	5	12:47.851:11	2:29.6	5	43:08.7	3:36
1:24.2	5	29:15.1 9:26	1:29:05.6	1:29:05.6						
6	69	Erik Keller	69	57	6	13:46.455:06	2:55.2	6	43:22.1	3:37
2:05.1	7	39:58.512:54	1:42:07.4	1:42:07.4						
7	79	Darren Hall	184	54	7	13:53.555:34	3:18.9	7	50:07.7	4:11
1:12.9	6	39:23.912:43	1:47:57.2	1:47:57.2						
8	95	Darren Soucy	171	51	8	16:27.565:50	4:49.1	8	1:06:26.6	5:32
0:47.7	8	47:13.315:14	2:15:44.2	2:15:44.2						

[Top](#)



## Male 60 to 69

Overall				----- Swim -----		T1		----- Bike -----			
T2	-----	Run -----	Chip	Gun							
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>
<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Time</u>						
1	77	Robert Overturf	91	64	1	15:44.4	62:58	3:02.9	1	50:36.3	4:13
1:48.5	1	35:58.3	11:36	1:47:10.6	1:47:10.6						
2	90	Sam Durr	51	66	2	21:34.7	86:19	2:27.5	2	51:04.2	4:15
2:09.2	2	43:03.4	13:53	2:00:19.2	2:00:19.2						
3	94	Steven Leavitt	187	66	3	23:44.6	94:59	4:11.9	3	57:06.1	4:46
0:56.0	3	43:40.9	14:05	2:09:39.7	2:09:39.7						

---